

Ingle Farm Little Athletics Centre



1. Scope

- a) This policy shall apply to any competition or training session held by the **Ingle Farm Little Athletics Centre** (hereinafter **IFLAC**).
- b) This policy **shall not** cover:
 - i. Inter-Centre Competitions.
 - ii. Events of the **South Australian Little Athletics Association** (hereinafter **SALAA**).
 - iii. Cross Country meetings, **even in the event** of the IFLAC hosting such a meeting.
 - iv. Events of the **IFLAC** that **are not competitions or training sessions**, unless otherwise specified by the incumbent **IFLAC Committee**.

2. Overview

- a) The **IFLAC** acknowledges that it has a responsibility and duty of care to ensure the safety of participants, particularly in competitions and events conducted by the Centre. With this in mind, the **Ingle Farm Little Athletics Centre Hot Weather Policy** has been developed from the Extreme Weather Policy of the **SALAA**, with consideration to the historical policies and practices of the **IFLAC**. This policy shall apply to all athletes, members, administrators, officials, coaches and chaperones of the **IFLAC** and of all other **Centres** who are present at an event within the scope of this policy.

3. Determination of Temperature

- a) The forecast maximum temperature referred to in this policy is that issued for the relevant station of the **Australian Bureau of Meteorology at 4:10pm** on the day the determination needs to be made.
- b) The relevant station shall be:
 - i. **Elizabeth** for events held in those parts of the Adelaide Metropolitan Region that lie north of Grand Junction Road.
 - ii. **Adelaide** for events held in the remainder of the City of Port Adelaide Enfield, or in the event that no reading can be obtained for the Elizabeth Station.

- iii. Whichever location the Committee deems most appropriate for any event held at a location not covered above, or in the event that no reading can be obtained from either the Elizabeth or Adelaide stations.

4. Time at which the determination needs to be made

- a) The temperature needs to be determined:
 - i. **Two days prior** to an event that is scheduled to commence prior to **1:00 pm**.
 - ii. **One day prior** to an event that is scheduled to begin at or after **1:00 pm**.
(i.e. a Sunday morning event would be determined at 4:10pm on the preceding Friday, whereas a twilight Friday competition would be determined on the preceding Thursday).

5. Modification and Cancellation of events.

- a) If the temperature forecast for the day of competition at 4:10pm is:
 - i. **37°C or higher** then any competition will be conducted to a **Hot Weather programme** and training modified at the sole discretion of the Coaching Director, unless the temperature is also 41°C or higher.
 - ii. **41°C or higher** then the event will be **cancelled or postponed** to another date.
- b) In the event of a cancellation or postponement of a competition as a result of the hot weather policy the **IFLAC** will endeavour to advise as such via our digital communication platforms.
- c) To accommodate the programme in the shortened time frames, the number of trials conducted in field events, and/or number of false starts allowed in a race, may be reduced at the discretion of the Competition and Technical Officer, after consultation with the President, or in their absence Vice-President, and any other members of the **IFLAC Committee** available at the time.
- d) The **IFLAC** reserves the right to cancel any competition or training session, at its absolute discretion, if it is deemed that the environmental conditions, such as extreme humidity, present a serious health risk to athletes and officials, even if temperatures falls within the acceptable levels detailed within this policy.

6. Advisory

- a) Every person is different and individuals will respond to participation in physical activity in hot weather in different ways. To this end, individuals, and their parents / guardians are encouraged to assess their level of participation in competition and training in order to best avoid illness or injury in hot conditions.
- b) The extreme weather policy of the **SALAA** provides details on a variety of other weather conditions, and the **IFLAC** shall, at the final discretion of those members of the **IFLAC** Committee present, use this document as a guideline for actions to be taken in the event of the conditions described therein, barring hot weather, occurring at any

event under the scope of this policy.

- c) Please note that in the event we are unable to advise of such cancellation via our digital communication platforms due to technical or other reasons, the decision will still stand. **The Bureau of Meteorology** website should be used as a reference point if you are in any doubt and are unable to obtain a response from us. At the time this policy was written the exact web address was: <http://www.bom.gov.au/sa/forecasts/map7day.shtml> , then click on the Elizabeth station (or other station as relevant).
- d) In the event that you are unable to access the internet, **radio broadcasts on 89.1 ABC Adelaide** should be consulted. You should, however continue to attempt to access either the BoM website or our digital communication methods, as the radio broadcast may have been using a different weather station or been taken at a different time.
- e) If all else fails you are welcome to ring the President, or any other committee member, on the contact numbers listed in the programme booklet provided upon registration, but please remember that most of our committee members have young children, so **please ring at a sociable time.**